

## **Fitness Center Policies**

- 1) The Fitness Center is open daily from 5:00 AM – 11:00 PM.
- 2) No one under 12 years of age will be allowed in the Fitness Center.
- 3) Persons 12-14 years of age may work out if supervised by a Wellington resident (18 years of age or older).
- 4) One adult resident may supervise a maximum of three 12-14 year olds.
- 5) Each resident (15 years of age or older) is limited to two (2) guests per visit.
- 6) No outside personal trainers are allowed (trainers may be arranged through the Fitness Director).
- 7) Eating is prohibited and only water is allowed in spill/leak resistant containers.
- 8) Closed-toe shoes are required.
- 9) Shirts that cover the midriff are required.
- 10) All shorts must be at least 2 inches at the inseam.
- 11) Jeans and clothing with attachments/fasteners which may tear the equipment upholstery are prohibited.
- 12) If there is a wait list, cardio machines may be used for 30 minutes max.
- 13) 15 minute limit on all strength machines.
- 14) All equipment must be wiped clean after each use.
- 15) Return all equipment to the appropriate place after use.
- 16) Weights may not be lifted or released in an uncontrolled manner.
- 17) Equipment may not be removed from the premises.
- 18) No abusive use of the equipment and/or facility. Use of equipment for intended purposes only.
- 19) Do not enter or exit cardio machines while the machine is moving. Do not leave cardio machines running while not in use.
- 20) No abusive language, intimidating conduct, emotional outbursts, excessive noise, or loud music allowed. Individuals exhibiting behavior that disturbs other members may be asked to exit the fitness center.
- 21) Cell phone conversations are prohibited while in the Fitness Center.
- 22) TV channels may be changed; all other adjustments are prohibited.
- 23) Work out at your own risk.

**Private facilities for the exclusive use of Wellington residents and their guests. Guests must be in the presence of the resident when using the facility. Gate codes may not be distributed to non-Wellington residents.**

**Failure to comply with all HOA policies may result in fines/charges and/or suspension of privileges. Residents are financially responsible for any fines, charges, or damages resulting from their or their guest's use of the facility.**

**The HOA is not responsible for lost, stolen, damaged, or unsecured items.**