

# WELLINGTON'S 17TH ANNUAL FAMILY FUN RUN/WALK 1 MILE COURSE MAP



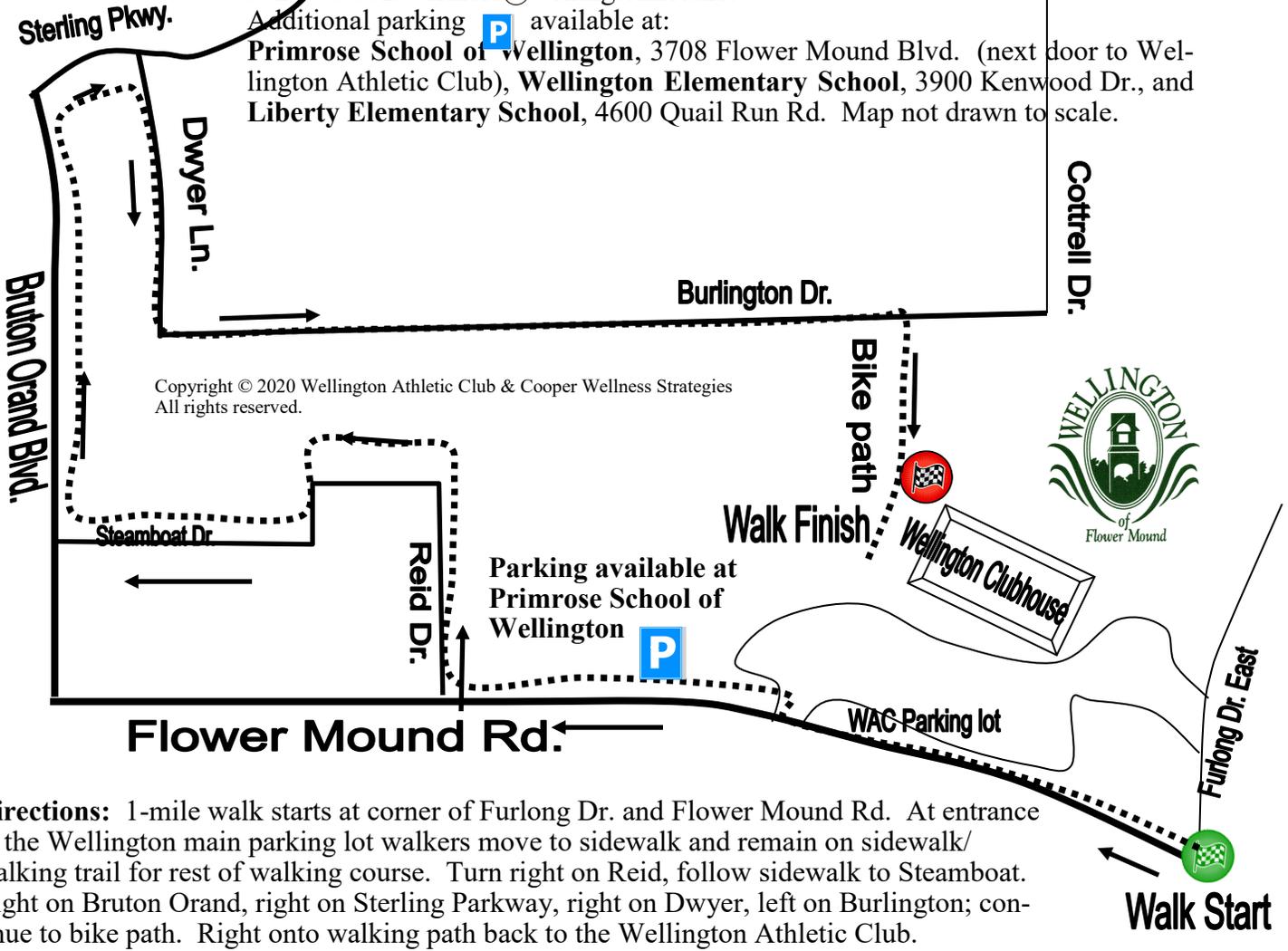
## Wellington Athletic Club (WAC)

3520 Furlong Dr. East, Flower Mound, TX 75022

972-874-8329 fitness@wellingtonhoa.net

Additional parking available at:

Primrose School of Wellington, 3708 Flower Mound Blvd. (next door to Wellington Athletic Club), Wellington Elementary School, 3900 Kenwood Dr., and Liberty Elementary School, 4600 Quail Run Rd. Map not drawn to scale.



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Parking available at  
Primrose School of  
Wellington

**Directions:** 1-mile walk starts at corner of Furlong Dr. and Flower Mound Rd. At entrance to the Wellington main parking lot walkers move to sidewalk and remain on sidewalk/walking trail for rest of walking course. Turn right on Reid, follow sidewalk to Steamboat. Right on Bruton Orand, right on Sterling Parkway, right on Dwyer, left on Burlington; continue to bike path. Right onto walking path back to the Wellington Athletic Club.

Wellington's 17th Annual Family Fun Run benefits **Humane Tomorrow**, and all proceeds including all race entry fees, donations, and sponsorships go to the charity. Wellington Athletic Club would like to thank this year's corporate sponsors, **Tina Murphy (Taylor Realty Associates)**, **1 2 Tree**, **UPS Store of Flower Mound**, **Primrose School of Wellington**, **i9 Sports**, **CertaPro Painters**, **Barlow Capital Advisors**, and **Cooper Aerobics** for their generous contributions and support to Humane Tomorrow and to the Wellington community.

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## Instructions to 1-Mile Walk/Run Participants

**NOTE TO PARTICIPANTS:** The 1-Mile Walk will start promptly at 8 am. The walk starts at the corner of Flower Mound Rd. and Furlong Drive (same as the 5K run start) but will finish at the Wellington basketball sportcourt, behind the clubhouse and next to the tennis courts. Follow the arrows on the sidewalk and the directions given by the course marshals.

**The 1-Mile Walk is not timed.** There are no medals awarded at the completion of the 1-Mile Walk, although we do hand out ribbons to all children that participate. If you would like to be eligible to receive a medal, you must register and pay for the 5K run and be one of the top three finishers in your age/gender bracket.

Pin the walking event bib on your front in a comfortable spot that will be visible throughout the event. Secure it by safety pins through the holes at each of the four corners where designated.

**Dogs must be on leashes!** There are poop scoop bags provided by Humane Tomorrow for your convenience.

**Restrooms:** Wellington has locker rooms inside the building; go to the front entrance, go right through the double doors into the multipurpose room, and you'll find the restrooms on the right inside the multipurpose room.

**Preparing for the 1-Mile Walk/Run start:** The 1-Mile Walk/Run is not timed, so it is not necessary to run unless you want to! There will be a starting horn to signal the start of the walk. The Walk will start at the corner of Flower Mound Rd. and Furlong Dr. You may start on the street to the right of the orange cones. When you reach the Wellington parking lot entrance, please move to the sidewalk and stay on the sidewalk for the rest of the walk.

**Participating in the 1-Mile Walk/Run:** The course is marked with arrows and will have course marshals stationed at various locations along the route. Please follow the arrows and stay on the sidewalks and paved trails that will take you back to the Wellington Athletic Club property. There are no street crossings in the 1-Mile Walk. Please keep to the sidewalks and hiking trail. At the end of the event kids may pick up a ribbon commemorating their participation in the Wellington Family Fun Run/Walk, and you may also draw a picture and/or write your name in chalk on the sidewalk. Congratulations! You may then return to the Wellington parking lot for refreshments and to watch the 5K race and awards.

**Directions: Begin** at the corner of Flower Mound Rd. and Furlong Dr. Please move to the sidewalk when you reach the main Wellington parking lot entrance, and stay on the sidewalk from that point on. Follow the arrows and signs. Whenever you get to a street, you will turn instead, staying on the sidewalk and never crossing a street. Turn right on Reid, right on Steamboat, right on Bruton-Orand, right on Sterling, right on Dwyer, left on Burlington, and right on the bike path back to Wellington Athletic Club. There will be arrows on the sidewalks showing you which way to turn.



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